

JAY DUKE Equestrian

Clinics & Course Design



Peaceful Bay Stables Riders Get Show Ring Ready During Jay Duke Clinic



Practice makes perfect! That was the goal for a group of Peaceful Bay Stables riders during their recent clinic with Jay Duke.

Canadian Equestrian Team veteran and renowned clinician Jay Duke visited the Lakeside, MT, boarding and training facility to add some polish to horses and riders heading into their summer competition schedule.



Owned and operated by Corie Mercord, Peaceful Bay Stables is home to riders of all levels. Clinic participants included riders with varying goals in the show ring, and Jay helped to improve their connection with their horses, style over fences, and effectiveness in the warm-up ring. Jay Duke Equestrian wishes Peaceful Bay Stables good luck in the competition ring this summer!



Peaceful Bay Stables located in Lakeside, MT. *Photo courtesy of Corie Mercord*

In Review



"Watching the transformation in both the horses and the riders during the clinic with Jay was really special to see. Some of our riders came into the clinic with specific things that they hoped to tackle while others discovered improvements in areas they weren't even aware of.

Jay was also able to instantly recognize that some horses were learning differently and needed a new approach. He was quick to regroup and produce amazing results from those horses.

Our goal was to help each horse and rider prepare for the upcoming show season and within two days, Jay had made both small and significant changes in each and every horse and rider. They are now very confident in themselves and their horses as we begin our competition schedule!"

~ Peaceful Bay Stables Owner/Manager Corie Mercord

Limited fall clinic dates still available!

Jay has extensive firsthand knowledge of the show jumping discipline and is available for clinics throughout North America. A range of packages are available with single to four-day sessions, which feature training that draws on three decades of experience and includes a sampling of Jay's extensive library of flat, gymnastic, and jumping exercises.



[More Information on Booking your Jay Duke Clinic](#)

Have you heard about Jay Duke Equestrian's Virtual Lesson Subscription Program?

It's the next best thing to a Jay Duke clinic, and you can subscribe for just \$8 per lesson!

- Subscribers pay \$33 per month for a year-long subscription, which works out to be... yes, you guessed it: \$8 per weekly lesson!
- What you get: One lesson per week delivered directly to your e-mail ready to travel straight to the ring with you.
- Additionally, subscribers gain access to Jay's extensive library of exercises and tips, as well as guest lessons from contributing horse sport professionals at varying levels. In May, subscribers received a lesson from reigning FEI World Cup champion Bezie Madden!
- **Bonus Benefits:** Phone and video support from Jay Duke, including horse evaluations, lesson questions, etc.

Click below to see what recent subscribers received!

JAY DUKE Equestrian HORSE SHOW WARMUP
Difficulty: Intermediate

Materials:
4 Showjumps, 4 Rails

KEY POINTS
None

Notes:
Pace
Riders to the fence
Control after the fence
Straighten

LESSONS
Jump height variables
As a horse comes in after challenging to 'beat' the horse and rider. Time, space, and distance are all critical. Riders must use or lose their own timing, their own rhythm, and their own balance.

Work to all riders, the warmup ring is for warming up, not for stretching horses. Warmup should end with a 1/2 minute of practice for a click.

Establishing proper pace and straightness is essential for success in the ring. This exercise is the best for working on these two elements.

With the gate in and the distance at 44' (13.4m), the 3 strides is a controlling ride to the fence without making. This encourages the rider to be still on the approach.

With the same distance after the jump, the 3 steps ride collected. Most riders have difficulty establishing proper position and getting control of the horse.

I will not do any of today's center rolls (CR) with any rider except my professional students. Please do it at your own risk. I have not done the roll and I can't be held responsible for horse and rider injury or any other injury.

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A portion of all proceeds are donated to JustWorld International and Uryadi's Village.



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